

Monday

Tuesday

Wednesday

Thursday

Friday



5
 BANANA BREAD
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

6
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

7
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

1
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT
**NO SCHOOL
 ELEMENTARY ONLY**

2
 MUFFIN
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT
**NO SCHOOL
 ELEMENTARY ONLY**

12
**NO SCHOOL
 ALL SITES**

13
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

14
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

15
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

16
 MUFFIN
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

19
**THANKSGIVING BREAK
 NO SCHOOL**

20
**THANKSGIVING BREAK
 NO SCHOOL**

21
**THANKSGIVING BREAK
 NO SCHOOL**

22
**THANKSGIVING BREAK
 NO SCHOOL**

23
**THANKSGIVING BREAK
 NO SCHOOL**

26
 ZUCCHINI BREAD
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

27
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

28
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

29
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

30
 MUFFIN
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT
NO SCHOOL MS/HS ONLY

MILK OR ORANGE JUICE CAN BE PURCHASED ALA CARTE FOR .50

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